

Join Susan Hansen for a four-part workshop series, and learn how to balance, nurture, and tend to the most essential relationship in your life:

Your Relationship With You

This workshop is for you if:

- You struggle in a particular relationship, or with relationships in general
- You find yourself repeating specific patterns in relationships that are unproductive and painful
- You have a history of losing yourself or being untrue to yourself when you're in a relationship
- You'd like to have a healthy and happy primary relationship, but you're still single
- You struggle with money, weight, health, career, energy level, or anything else...

Okay, that last category may sound a little broad! But it's based on the Abraham-Hicks Law of Attraction concept that if you tend to your vibrational relationship with yourself (both your human self and your expanded self, higher self, or inner being), *everything else in your life falls into place.*

Most of us already know, in a basic way, that we need to love and accept ourselves as we are if we want others to do the same. But many of us have been working toward that for a long time, and we haven't been able to get to that place of true self-acceptance and a healthy relationship with ourselves, and our relationships with others reflect that. We've done what we know how to do – we just don't know what to do next. Recently, I've found some ways to combine the powerful concepts and skills of Law of Attraction, EFT, and mirroring (recognizing how our frustrations with others reflect our frustrations with ourselves) into a specific set of skills and practices designed to help you:

- Identify the specific unproductive patterns that are still active in your vibration
- Release them quickly with EFT
- Reconnect deeply with both your human self and your expanded self
- Relax into the peaceful, joyful relationships you've always wanted – first with yourself, and then with others.

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**Workshop Dates:** Sundays – February 15, March 15, April 19, and May 17, 2009

**Times:** 3:30 to 5:30 p.m.

**Location:** In my office at 2525 W. Greenway, Suite 124, in north Phoenix (just east of I-17 and Greenway Road).

**Cost:** \$160.00 includes all four sessions of the workshop, and all materials, EFT scripts, etc. Each session builds on the previous ones, so plan to attend all four. Early Registration (received by January 31) is \$150.00. Seating is limited, so please register ASAP, using the attached registration form.

**Questions?** Contact Susan at 602-488-0275 or [alldownstream@gmail.com](mailto:alldownstream@gmail.com)

## Registration Form

### “Your Relationship With You” Workshop Series, Spring 2009:

Check one:

- Please sign me for the workshop series (\$160.00 registration fee)
- Please sign me up for early registration – before January 31, 2009 (\$150.00 registration fee)

Check one:

- Registration fee is enclosed – *Required for early registration.*
- Registration fee will be paid in person at the first session.

Name \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Please return this form (and registration fee if paying in advance) to:

Susan Hansen  
2525 W. Greenway Rd.  
Suite 124  
Phoenix, AZ 85023

**If you have any questions, call Susan at 602-488-0275, or  
e-mail her at [alldownstream@gmail.com](mailto:alldownstream@gmail.com) See you at the workshop!**